

## Freshwater ~ December ~ 2017 Lunch ~ \$3.25

Monday	Tuesday	Wednesday	Thursday	Friday
Nov 27 <b>Rigatoni</b>	28 <b>Tacos</b>	29 <b>Macaroni and Cheese</b>	30 <b>Burritos</b>	Dec 1 <b>Pizza</b>
4 <b>Sloppy Joes</b>	5 <b>Tacos</b>	6 <b>Baked Potato Bar</b>	7 <b>Burritos</b>	8 <b>Pizza</b>
11 <b>Cheeseburgers</b>	12 <b>Spaghetti</b>	13 <b>Nachos</b>	14 <b>Burritos</b>	15 <b>Pizza</b>
18 <b>Chicken Noodle Soup</b>	19 <b>Pulled Pork Sandwich</b>	20 <b>Chili and Cornbread</b>	21 <b>Burritos</b>	22 <b>Pizza</b>
25 <b>Winter Break (NO SCHOOL)</b>	26 <b>Winter Break (NO SCHOOL)</b>	27 <b>Winter Break (NO SCHOOL)</b>	28 <b>Winter Break (NO SCHOOL)</b>	29 <b>Winter Break (NO SCHOOL)</b>

Non-fat Chocolate Milk or 1% Milk Available Every Day

Fruit and Vegetables Served With Every Meal

## Breakfast ~ \$1.00

Monday	Tuesday	Wednesday	Thursday	Friday
Nov 27 <b>Bagels</b>	28 <b>Ham and Egg Scramble</b>	29 <b>Oatmeal</b>	30 <b>Pancakes</b>	Dec 1 <b>Country Potatoes and Eggs</b>
4 <b>Bagels</b>	5 <b>Ham and Egg Scramble</b>	6 <b>Oatmeal</b>	7 <b>Pancakes</b>	8 <b>Country Potatoes and Eggs</b>
11 <b>Bagels</b>	12 <b>Ham and Egg Scramble</b>	13 <b>Oatmeal</b>	14 <b>Pancakes</b>	15 <b>Country Potatoes and Eggs</b>
18 <b>Bagels</b>	19 <b>Ham and Egg Scramble</b>	20 <b>Oatmeal</b>	21 <b>Pancakes</b>	22 <b>Country Potatoes and Eggs</b>
25 <b>Winter Break (NO SCHOOL)</b>	26 <b>Winter Break (NO SCHOOL)</b>	27 <b>Winter Break (NO SCHOOL)</b>	28 <b>Winter Break (NO SCHOOL)</b>	29 <b>Winter Break (NO SCHOOL)</b>

Milk and fruit are included with each breakfast. Alternatives for breakfast are yogurt, string cheese, and cereal

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