

Freshwater School ~ August/September ~ 2018 Lunch ~ \$3.25

Monday	Tuesday	Wednesday	Thursday	Friday
August 27 NO SCHOOL	28 Sloppy Joes	29 Taco Pie	30 Burritos	31 Pizza
September 3 NO SCHOOL	4 Tacos	5 Macaroni with Meat Sauce	5 Burritos	7 Pizza
10 Chicken Noodle Soup	11 Cheeseburgers	22 Baked Potato Bar	13 Burritos	14 Pizza
17 Chicken Burrito	18 Mashed Potatoes and Chicken Gravy	19 Tuna Sandwich	20 Burritos	21 Pizza
24 Chili and Corn Muffin	25 Turkey Sandwich	26 Spaghetti	27 Burritos	28 Pizza

Non-fat Chocolate Milk or 1% Milk Available Every Day

Fruit and Vegetables Served With Every Meal

Breakfast ~ \$1.00

Monday	Tuesday	Wednesday	Thursday	Friday
August 27 NO SCHOOL	28 Ham and Egg Scramble	29 Oatmeal	30 Pancakes	31 Potatoes and Eggs
September 3 NO SCHOOL	4 Ham and Egg Scramble	5 Oatmeal	6 French Toast	7 Potatoes and Eggs
10 Bagel	11 Ham and Egg Scramble	12 Oatmeal	13 Pancakes	14 Potatoes and Eggs
17 English Muffin	18 Ham and Egg Scramble	19 Oatmeal	20 French Toast	21 Potatoes and Eggs
24 Bagel	25 Ham and Egg Scramble	26 Oatmeal	27 Pancakes	28 Potatoes and Eggs

Milk and fruit are included with each breakfast. Alternatives for breakfast are yogurt, string cheese, and cereal.

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