

Freshwater School ~ January ~ 2019 Lunch ~ \$3.25

Monday	Tuesday	Wednesday	Thursday	Friday
Dec. 31	1	2	3	4
Winter Break (NO SCHOOL)	Winter Break (NO SCHOOL)	Winter Break (NO SCHOOL)	Winter Break (NO SCHOOL)	Winter Break (NO SCHOOL)
7	8	9	10	11
Chicken Burrito	Cheeseburger	Tuna Sandwich	Burritos	Pizza
14	15	16	17	18
Taco Pie	Sloppy Joes	Baked Potato Bar	Burritos	Pizza
21	22	23	24	25
Martin Luther King, Jr. Holiday (NO SCHOOL)	Macaroni and Cheese	Turkey Sandwich	Burritos	Pizza
28	29	30	31	Feb. 1
Chili and Corn Muffin	Tacos	Cheeseburger	Burritos	Pizza

Non-fat Chocolate Milk or 1% Milk Available Every Day

Fruit and Vegetables Served With Every Meal

Breakfast ~ \$1.00

Monday	Tuesday	Wednesday	Thursday	Friday
31	1	2	3	4
Winter Break (NO SCHOOL)	Winter Break (NO SCHOOL)	Winter Break (NO SCHOOL)	Winter Break (NO SCHOOL)	Winter Break (NO SCHOOL)
7	8	9	10	11
English Muffin	Breakfast Burrito	Oatmeal	Pancakes	Potatoes and Eggs
14	15	16	17	18
Bagel	Ham and Egg Scramble	Oatmeal	French Toast	Potatoes and Eggs
21	22	23	24	25
Martin Luther King Jr. Holiday (NO SCHOOL)	Ham and Egg Scramble	Oatmeal	Pancakes	Potatoes and Eggs
28	29	30	31	Feb. 1
English Muffin	Ham and Egg Scramble	Oatmeal	French Toast	Potatoes and Eggs

Milk and fruit are included with each breakfast. Alternatives for breakfast are yogurt, string cheese, and cereal

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