

Freshwater School ~ November ~ 2019 Lunch ~ \$3.25

Monday	Tuesday	Wednesday	Thursday	Friday
Oct. 28 Chicken Burrito	29 Mashed Potatoes and Chicken Gravy	30 Cheeseburgers	31 Burritos	Nov. 1 NO SCHOOL
4 Mac-n-Cheese	5 Barbecued Chicken	6 Penne Pasta	7 Burritos	8 Pizza
11 Veteran's Day (NO SCHOOL)	12 Nachos	13 Baked Potato Bar	14 Burritos	15 Pizza
18 Chicken Burrito	19 Pulled Pork Sandwich	20 Cheeseburgers	21 Burritos	22 Pizza
25 THANKSGIVING HOLIDAY (NO SCHOOL)	26 THANKSGIVING HOLIDAY (NO SCHOOL)	27 THANKSGIVING HOLIDAY (NO SCHOOL)	28 THANKSGIVING HOLIDAY (NO SCHOOL)	29 THANKSGIVING HOLIDAY (NO SCHOOL)

Non-fat Chocolate Milk or 1% Milk Available Every Day

Fruit and Vegetables Served With Every Meal

Breakfast ~ \$1.00

Monday	Tuesday	Wednesday	Thursday	Friday
Oct. 28 Bagel	29 Ham and Egg Scramble	30 Oatmeal	31 Pancakes	Nov. 1 NO SCHOOL
4 English Muffin	5 Ham and Egg Scramble	6 Oatmeal	7 French Toast	8 Country Potatoes and Eggs
11 Veteran's Day (NO SCHOOL)	12 Ham and Egg Scramble	13 Oatmeal	14 Pancakes	15 Breakfast Burrito
18 Bagel	19 Ham and Egg Scramble	20 Oatmeal	21 French Toast	22 Country Potatoes and Eggs
25 THANKSGIVING HOLIDAY (NO SCHOOL)	26 THANKSGIVING HOLIDAY (NO SCHOOL)	27 THANKSGIVING HOLIDAY (NO SCHOOL)	28 THANKSGIVING HOLIDAY (NO SCHOOL)	29 THANKSGIVING HOLIDAY (NO SCHOOL)

Milk and fruit are included with each breakfast. Alternatives for breakfast are yogurt, string cheese, and cereal

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