

HUMBOLDT DEL NORTE SELPA

PARENT/ GUARDIAN SUPPORT SESSIONS

Our behavioral health team is here
to support you!

Zoom drop in sessions where you
can consult on:

- Building routine and structure
- Behavioral techniques
- Socio-Emotional support ideas
- Reinforcement strategies

WE ARE ALL IN THIS TOGETHER!

EVERY WEDNESDAY THROUGH MAY
10-11AM

ZOOM LINK

PASSWORD: ONHSY2





UPCOMING OPPORTUNITIES

DROP IN TIME & TRAININGS FOR PARENTS/GUARDIANS

DROP IN CONSULT SESSIONS (10-11 AM):

APRIL 22

APRIL 29

MAY 6

MAY 13 **SPANISH SPEAKING CLINICIAN AVAILABLE**

MAY 20 **FOCUS ON MINDFULNESS/ CALMING KITS**

MAY 27

ZOOM LINK PASSWORD: ONHSY2

TRAININGS:

MAY 1

1:30-3:00

STRATEGIES FOR EMOTIONAL SUPPORT FOR OURSELVES
AND OUR CHILDREN

LAUREL SHERER, SELPA CLINICIAN & BEHAVIORIST

ZOOM LINK PASSWORD: OUV9H9

Questions? Contact the HDN SELPA
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