Humboldt County Office of Education

COVID-19 Potential Response Scenarios in a School Setting*
Developed in consultation with Humboldt County Public Health

1

SCENARIO

A student or staff member either exhibits COVID-19 **symptoms** while at school or within two days of being at school

ACTION

- **Administration:**
  - Consult with School Nurse
  - Consult with Public Health as needed
- **Student/staff:**
  - Person(s) with symptoms should be sent home/stay home to isolate
  - Contact healthcare provider/Public Health for recommended testing and symptom care
  - Student/staff member may return to school with a health care provider's note
- **School/Classroom OPEN pending test results of symptomatic individual**
  - If COVID-19 test is positive, see Scenario 3
  - If COVID-19 test is negative, see Scenario 4

COMMUNICATION

No communication is needed.

2

SCENARIO

A student/staff member is in **close contact**/exposed to someone who tests positive for COVID-19

- or -

A person at home is ill and being tested for COVID-19

ACTION

- **Administration**
  - Consult with Public Health for verification of positive test result before taking further action
  - Consult with School Nurse
  - If determined not to be a true case, no letter needs to be sent, and individual may return to school.
  - If confirmed, Public Health will direct to stay home to start 14-day quarantine and will determine whether further action is needed.
- **Student/staff**
  - Send/stay home to isolate
  - Expect to be contacted by Public Health
  - Consult with healthcare provider to get tested
  - Self-quarantine for 14 days from last exposure to COVID-19
  - Report information to administration
  - Testing is encouraged between day 7 and 10 of quarantine for those under age 18
  - *Negative test during quarantine does not shorten quarantine*
- **School/Classroom OPEN**

COMMUNICATION

To: Student Families and Staff**

Template Letter:
Scenario Two - In a School or Cohort Setting
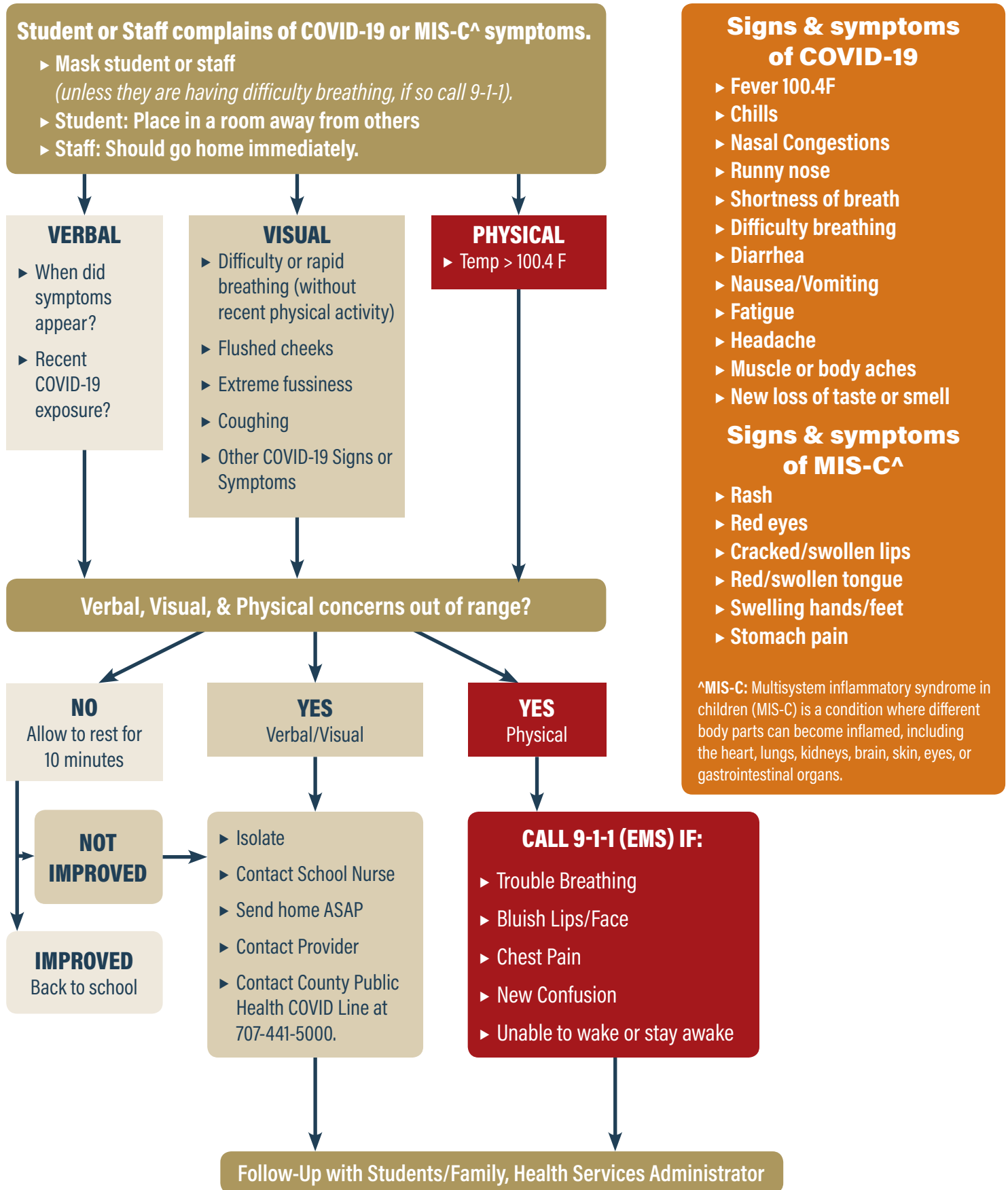
3	SCENARIO	ACTION	COMMUNICATION
	A student or staff member tests positive for COVID-19	**Administration:** ▶ Consult with School Nurse ▶ Send family members of student/staff home to quarantine ▶ Consult Public Health for guidance on whether any students, staff or teachers need to quarantine, be tested, or whether the school/classroom needs to be closed ▶ Identify close contacts of infected individual ▶ Close off/clean areas used by individual suspected of infection. (See **CDC guidance on disinfecting buildings**.) ▶ **Student/staff:** ▶ Send home to isolate ▶ Report information to administration	**To:** Student Families and Staff** **Phone Call to Potential Close Contacts** — AND — **Template Letter:** **Scenario Three - In a School or Cohort Setting** — AND — **Admin notification to claims administrator SB 1159**
4	SCENARIO	ACTION	COMMUNICATION
	A student or staff member tests negative for COVID-19 after symptoms (and was not exposed to a COVID-19 case)	▶ Student or Staff: may return to school after symptoms resolve and fever-free for at least 24 hours without fever-reducing medications. (Consult Public Health for guidance on whether any students, staff or teachers may end their quarantines) ▶ Provide doctor's note or verification of negative test ▶ **School/Classroom OPEN**	**To:** Student Families and Staff** **Template Letter:** **Scenario Four - In a School or Cohort Setting**
5	SCENARIO	ACTION	COMMUNICATION
	A student/staff member was in **close contact**/exposed (within 6 feet for 15 minutes or more) to someone exhibiting symptoms	▶ **Administration:** ▶ Consult with Public Health as needed ▶ Consult with School Nurse ▶ **Student/staff:** ▶ Unless in contact with a known case, continue with school/work duties as planned ▶ Practice Physical Distancing ▶ Wash Hands Frequently ▶ Wear a Mask ▶ Continue to self-check for COVID-19 symptoms ▶ If close contact's COVID-19 test is positive, see Scenario 3 ▶ If close contact's COVID-19 test is negative, see Scenario 4 ▶ **School/Classroom OPEN**	No communication is needed until results of COVID-19 tests are known. If test is positive, see Scenario 2 or 3. For more information contact the joint information center for COVID-19 response at (707) 441-5000.

*Please see **COVID-19 and Reopening In-Person Learning Framework for K-12 Schools** for specific details.

Maintain confidentiality as required under FERPA and state law related to privacy of educational records. Additional guidance can be found **here.

Student or Staff complains of COVID-19 or MIS-C^ symptoms.

- ▸ **Mask student or staff**
  (unless they are having difficulty breathing, if so call 9-1-1).
- ▸ **Student: Place in a room away from others**
- ▸ **Staff: Should go home immediately.**

VERBAL

- ▸ When did symptoms appear?
- ▸ Recent COVID-19 exposure?

VISUAL

- ▸ Difficulty or rapid breathing (without recent physical activity)
- ▸ Flushed cheeks
- ▸ Extreme fussiness
- ▸ Coughing
- ▸ Other COVID-19 Signs or Symptoms

PHYSICAL

- ▸ Temp > 100.4 F

Verbal, Visual, & Physical concerns out of range?

NO
Allow to rest for 10 minutes

YES
Verbal/Visual

YES
Physical

NOT IMPROVED

IMPROVED
Back to school

- ▸ Isolate
- ▸ Contact School Nurse
- ▸ Send home ASAP
- ▸ Contact Provider
- ▸ Contact County Public Health COVID Line at 707-441-5000.

CALL 9-1-1 (EMS) IF:

- ▸ Trouble Breathing
- ▸ Bluish Lips/Face
- ▸ Chest Pain
- ▸ New Confusion
- ▸ Unable to wake or stay awake

Follow-Up with Students/Family, Health Services Administrator

Signs & symptoms of COVID-19

- ▸ **Fever 100.4F**
- ▸ **Chills**
- ▸ **Nasal Congestions**
- ▸ **Runny nose**
- ▸ **Shortness of breath**
- ▸ **Difficulty breathing**
- ▸ **Diarrhea**
- ▸ **Nausea/Vomiting**
- ▸ **Fatigue**
- ▸ **Headache**
- ▸ **Muscle or body aches**
- ▸ **New loss of taste or smell**

Signs & symptoms of MIS-C^

- ▸ **Rash**
- ▸ **Red eyes**
- ▸ **Cracked/swollen lips**
- ▸ **Red/swollen tongue**
- ▸ **Swelling hands/feet**
- ▸ **Stomach pain**

^MIS-C: Multisystem inflammatory syndrome in children (MIS-C) is a condition where different body parts can become inflamed, including the heart, lungs, kidneys, brain, skin, eyes, or gastrointestinal organs.

Student or staff share they have been exposed/in close contact (within 6 feet for 15 minutes or greater) with:

Someone being tested for COVID-19

Someone who has tested positive for COVID-19

Someone who has been in close contact with someone who may have been exposed to COVID-19

STUDENT/STAFF SHOULD:
▸ Quarantine pending results of COVID-19 test

CONTACT TESTS NEGATIVE:
▸ Student/staff may return to school/work

CONTACT TESTS POSITIVE

STUDENT/STAFF SHOULD:
▸ Practice physical distancing.
▸ Wash hands frequently
▸ Wear a mask
▸ Continue self check for COVID-19 symptoms

STUDENT/STAFF SHOULD:

▸ Continue quarantine for 14 days from last contact with positive case

▸ Expect contact from public health

▸ Persons up to age 18 are recommended to test between day 7 and 10 of quarantine

▸ Self-Check for symptoms of COVID-19.

▸ If symptoms develop contact public health and health care provider

▸ Student/Staff cleared to return to school following clearance by Public Health.

Health Care Providers May Include:

▸ **Physician or Surgeon**
▸ **Physician's Assistant**
▸ **Nurse Practitioner**
▸ **Registered Credentialed School Nurse**
▸ **Public Health Nurse**

I just found out I'm COVID-19 POSITIVE:

▸ Self-isolate at home for 10 days.   ▸ Avoid infecting others.

May return to work/school when released from isolation by Public Health Department