

NOTE: PCR test is preferred, but antigen tests are acceptable.

^ = Recommended cadence is immediately after learning of exposure, then every three days after that.

Quarantine guidance: *https://humboldtgov.org/2831/Isolation-and-Quarantine-Orders*

*See CDC Website: Staying Home when Sick and Getting Tested https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/k-12-guidance.html#staying-home