



Freshwater Weekly Bulletin

Monday, October 20, 2025

Upcoming Events & Activities

October 20	Minimum Day – Dismissal at 1:30 p.m.
October 22	FCMS CHARTER COUNCIL MTG. – 6:30 p.m. – Room 16
October 24	TRICK OR TREAT STREET – 6:00-7:30 p.m. at Freshwater School
October 29	PAC MEETING – 6:00 p.m.- Room 22
October 31	HALLOWEEN PARADE – 1:00 p.m.
November 3	Minimum Day – Dismissal at 1:30 p.m.
November 5	FEF Meeting (Freshwater Educational Foundation) – 6:00 p.m.
November 7	LEGO NIGHT – 6-7:30 p.m. – Multipurpose Room
November 10 & 11	LOCAL HOLIDAY & VETERAN’S DAY – NO SCHOOL EITHER DAY!
November 12	Board Meeting – 6:00 p.m. – Meeting Room
Nov. 17-Nov. 21	Parent Conferences – 1:30 DISMISSAL ALL WEEK

FCMS Charter Council Meeting – 10/22/25: All FCMS parents and students are invited to attend our first of three charter council meetings on **October 22nd at 6:30 p.m. in Mr. Haller’s Room.** We will discuss curriculum, upcoming events, and fundraising. Students are highly encouraged to attend and participate.

TRICK-OR-TREAT STREET IS THIS FRIDAY, OCTOBER 24:

If you are interested in volunteering to help out with setup, working a shift at one of the trick-or-treat doors, cleaning up, or have any questions, please contact your Room Parent or email Katie Blair at kblair81@gmail.com.

DESSERT WALK AT TRICK-OR-TREAT STREET: Freshwater Community Club is looking for donations of desserts for the Cake Walk on Friday, 10/24. Please bring individually wrapped items. **DESSERT DONATIONS CAN BE BROUGHT TO THE FRONT OFFICE (IF NON-PERISHABLE) THE DAY OF THE EVENT BEFORE 3:00 PM OR DROPPED OFF AT THE EVENT THAT EVENING. ALL STUDENTS/CHILDREN MUST BE ACCOMPANIED BY A PARENT (OR ADULT). NO ONE SHALL BE ALLOWED IN THE FOREST DURING THE EVENT.** Thank you!

OCTOBER’S CHARACTER STRENGTHS: Empathy & Inclusion: This month, our school is focusing on the character strengths of empathy and inclusion—understanding the feelings of others and making sure everyone feels valued and accepted. At Friday’s Spirit Assembly, Student Leadership presented a skit showing how empathy influenced the way students treated each other when deciding on a group costume for Halloween. We encourage families to continue the conversation at home. Ask your child: “How did you show empathy today?” or “Who did you include at school?” Simple check-ins can help strengthen these habits. Parent Tips and Resources: 1) Model empathy by naming and validating feelings (“I can see you’re frustrated...What do you need to move forward?”) 2) Read books or watch movies together that highlight understanding others’ perspectives.

<https://www.commonsensemedia.org/lists/movies-that-inspire-empathy>

3) Explore resources like Harvard’s Making Caring Common Project:

<https://mcc.gse.harvard.edu/resources-for-families/5-tips-cultivating-empathy>

SPIRIT DAYS are every Friday this year! Order Freshwater spirit gear here!

<https://shop.verticalraise.com/shops/california/eureka/freshwater-elementary-school>

BOYS’ BASKETBALL: If you have a boy that is in Grades 5 through 8 interested in playing Boys’ Basketball, please email Athletic Director, Clyde Carrick, as soon as possible, so that he can plan for the upcoming 2026 season. His email address is ccarrick@freshwatersd.org

CLOTHES FOUND ON PLAYGROUNDS, IN GYMNASIUM, AND CLASSROOMS: Our procedure will be a little different this year. Clothes will be taken to Good Will each week so it is imperative for the students or parents to check the racks each week for lost clothing. We just do not have the room, any longer, to keep all of these items on site. **If student names are put inside their clothing, our maintenance staff will continue to return those items to the students.** Thank you for your help!

IMPORTANT NOTES FROM THE FRESHWATER OFFICE:

1. If your child has an appointment in the morning and will be late coming in and your child wants a lunch, please call the office to let Mrs. Flores know. Lunch orders are submitted at 9:00 a.m. but if you call up until 10:00 a.m., we can contact the Cafeteria and Chef Cris can usually fill the order.
2. **If you have a change of plans for your child any day after school, please contact the office by 2:20 p.m. (Tues. through Fri.) and 1:00 p.m. on Mondays.** We have 6th Grade Message Runners so that we do not have to interrupt the classrooms with multiple phone calls. Thank you for your help and cooperation.

ADULT LUNCHES are available to order/pay at Freshwater School. **Cost for Adult Lunch is \$6.00 and can be paid with a check or cash in the exact amount.** This is an exciting new feature available to adults who would like a school lunch while visiting/volunteering at Freshwater School. You will need to order and pay in the office on the day you want a lunch.



*Don't forget Trick-or-Treat Street
Friday, October 24, 2025
6:00-7:30 p.m.*