

# FRESHWATER SCHOOL MENU

December - 2025  
No Cost/Free Meals

## BREAKFAST

1 Cereal w/toppings Fruit, nuts, seeds and yogurt	2 French Toast or Pancakes w/fruit sauce	3 Egg & Cheese Sandwich	4 Whole Grain Muffins	5 Potatoes and Eggs
8 Cereal w/toppings Fruit, nuts, seeds and yogurt	9 French Toast or Pancakes w/fruit sauce	10 Egg & Cheese Sandwich	11 Whole Grain Muffins	12 Potatoes and Eggs
15 Cereal w/toppings Fruit, nuts, seeds and yogurt	16 French Toast or Pancakes w/fruit sauce	17 Egg & Cheese Sandwich	18 Whole Grain Muffins	19 Potatoes and Eggs
22 WINTER BREAK NO SCHOOL	23 WINTER BREAK NO SCHOOL	24 WINTER BREAK NO SCHOOL	25 WINTER BREAK NO SCHOOL	26 WINTER BREAK NO SCHOOL

Fresh fruit, yogurt, and milk are offered daily

Milk substitute available

Cream cheese and nut/seed butters are available as well as egg substitutes

## LUNCH

Pizza	Pasta	Classic	Cultural	Soup/Sandwich
1 Pizza – Cheese, Pepperoni, Ham & Pineapple  Caesar Salad	2 Ricotta Pasta Penne With Chicken  Broccoli	3 Roasted Turkey Mashed Potatoes  Carrots	4 Egg Fried Rice With Pork  Peas and Carrots	5 Split Pea Soup Cheese Quesadillas  Green Salad
8 Pizza – Cheese, Pepperoni, Ham & Pineapple  Caesar Salad	9 Spaghetti with Beef  Green Beans	10 Fried Chicken Sandwiches  French Fries	11 Cheese and Bean Enchiladas  Corn	12 Miso Soup Spring Rolls  Cucumber Salad
15 Pizza –Cheese, Pepperoni, Ham and Pineapple  Caesar Salad	16 Macaroni and Cheese  Peas	17 Tacos Beef or Vegetarian  Coleslaw	18 Ramen With Pork  Kale Chips	19 Turkey and Rice Soup Rolls  Green Salad
22 WINTER BREAK NO SCHOOL	23 WINTER BREAK NO SCHOOL	24 WINTER BREAK NO SCHOOL	25 WINTER BREAK NO SCHOOL	26 WINTER BREAK NO SCHOOL

Fruit, vegetables, and milk are offered daily.

Every meal can be ordered vegetarian.

All meals can be prepared allergen free.