

FRESHWATER SCHOOL MENU

February - 2026

No Cost/Free Meals

BREAKFAST

2 Cereal w/toppings Fruit, nuts, seeds and yogurt	3 French Toast or Pancakes w/fruit sauce	4 Egg & Cheese Sandwich	5 Whole Grain Muffins	6 Potatoes and Eggs
9 Cereal w/toppings Fruit, nuts, seeds and yogurt	10 French Toast or Pancakes w/fruit sauce	11 Egg & Cheese Sandwich	12 Whole Grain Muffins	13 Potatoes and Eggs
16 PRESIDENTS' WEEK (NO SCHOOL)	17 PRESIDENTS' WEEK (NO SCHOOL)	18 PRESIDENTS' WEEK (NO SCHOOL)	19 PRESIDENTS' WEEK (NO SCHOOL)	20 PRESIDENTS' WEEK (NO SCHOOL)
23 Cereal w/toppings Fruit, nuts, seeds and yogurt	24 French Toast or Pancakes w/fruit sauce	25 Egg & Cheese Sandwich	26 Whole Grain Muffins	27 Potatoes and Eggs

Fresh fruit, yogurt, and milk are offered daily

Milk substitute available

Cream cheese and nut/seed butters are available as well as egg substitutes

LUNCH

Pizza	Pasta	Classic	Cultural	Soup/Sandwich
2 Pizza – Cheese. Pepperoni, Sausage and Peppers Ceasar Salad	3 Ricotta Pasta Penne w/Chicken Broccoli	4 Beef Tacos, Rice, and Beans Coleslaw	5 Egg Fried Rice With Pork Corn	6 Chicken Soup, Fresh Bread Salad
9 Pizza – Cheese. Pepperoni, Sausage and Peppers Ceasar Salad	10 Spaghetti with Beef Green Beans	11 Fish and Chips Cabbage	12 Cheese and Bean Enchiladas Mixed Vegetables	13 Lentil Soup w/ham Fresh Bread Salad
16 PRESIDENTS' WEEK (NO SCHOOL)	17 PRESIDENTS' WEEK (NO SCHOOL)	18 PRESIDENTS' WEEK (NO SCHOOL)	19 PRESIDENTS' WEEK (NO SCHOOL)	20 PRESIDENTS' WEEK (NO SCHOOL)
23 Pizza – Cheese. Pepperoni, Sausage and Peppers Ceasar Salad	24 Mac and Cheese Peas	25 Meat Loaf w/ Mashed Potatoes Green Beans	26 Ramen w/Pork Bok Choy	27 Chicken Soup, Cheese Quesadillas Salad

Fruit, vegetables, and milk are offered daily.

Every meal can be ordered vegetarian.

All meals can be prepared allergen free.