

# FRESHWATER SCHOOL MENU

April - 2026  
No Cost/Free Meals

## BREAKFAST

6 Cereal w/toppings Fruit, nuts, seeds and yogurt	7 French Toast or Pancakes w/fruit sauce	8 Egg & Cheese Sandwich	9 Whole Grain Muffins	10 Potatoes and Eggs
13 <b>SPRING BREAK NO SCHOOL</b>	14 <b>SPRING BREAK NO SCHOOL</b>	15 <b>SPRING BREAK NO SCHOOL</b>	16 <b>SPRING BREAK NO SCHOOL</b>	17 <b>SPRING BREAK NO SCHOOL</b>
20 Cereal w/toppings Fruit, nuts, seeds & yogurt	21 French Toast or Pancakes w/fruit sauce	22 Egg & Cheese Sandwich	23 Whole Grain Muffins	24 Potatoes and Eggs
27 Cereal w/toppings Fruit, nuts, seeds & yogurt	28 French Toast or Pancakes w/fruit sauce	29 Egg & Cheese Sandwich	30 Whole Grain Muffins	May 1 Potatoes and Eggs

Fresh fruit, yogurt, and milk are offered daily .

Milk substitute is available.

Cream cheese and nut/seed butters are available as well as egg substitutes .

## LUNCH

Pizza	Pasta	Classic	Cultural	Soup/Sandwich
6 Pizza – Cheese, Pepperoni, Pesto and Ricotta  Caesar Salad	7 Herbed Parmesan Pasta with Chicken  Roasted Carrots	8 Barbecue Chicken Sandwiches Fries  Salad	9 Cheese and Bean Enchiladas  Coleslaw	10 Lemon Chicken Soup Fresh Bread  Salad
13 <b>SPRING BREAK NO SCHOOL</b>	14 <b>SPRING BREAK NO SCHOOL</b>	15 <b>SPRING BREAK NO SCHOOL</b>	16 <b>SPRING BREAK NO SCHOOL</b>	17 <b>SPRING BREAK NO SCHOOL</b>
20 Pizza – Cheese, Pepperoni, Pesto ad Ricotta  Caesar Salad	21 Macaroni and Cheese  Butternut Squash	22 Fish and Chips  Coleslaw	23 Ramen with Pork or Tofu  Stir Fried Carrots	24 Chicken Soup Cheese Quesadillas  Salad
27 Pizza – Cheese, Pepperoni, Pesto and Ricotta  Caesar Salad	28 Pasta Primavera with Chicken  Broccoli	29 Meatloaf and Mashed Potatoes  Green Beans	30 Pork Verde Tacos  Bok Choy	May 1 Tomato Soup Toasted Cheese Sandwiches  Salad

Fruit, vegetables, and milk are offered daily.

Every meal can be ordered vegetarian.

All meals can be prepared allergen free.